

Getting Started Recommendations

If you are new to RCM and what we have to offer, our unique contributions to the field of DID and ritual abuse include:

- Primary Identity Approach for healing DID (much more efficient than the traditional alter-centered approach and works for healing any kind of non-DID trauma as well)
- Prenatal Healing Process (expedites spiritual freedom for RA survivors)
- Renunciations for gaining freedom from deep spiritual bondage and control dynamics involved in ritual abuse

We recommend the following as the best resources to start gaining an understanding of these things:

For Survivors:

- Online, recorded Survivors' School of Healing
This is offered 4 times a year and will lead you through the step-by-step process of identifying primary identities and leading through the conflict resolution process that will eliminate the need for dissociation. Videos of live ministry sessions are also included to demonstrate the healing process in actual cases.
- *A Survivor's Workbook: Applying the Primary Identity Approach to the Healing of DID*
This is our only printed resource that gives a step-by-step application of the process. It is used in the above mentioned school.
- CD: *Why Am I Not Getting Healed?*
- If new to DID:
 - PIA Webinar 1: Dynamics of DID
 - Or *Restoring the Shattered* Training series Modules 1 & 2
- If ritual abuse:
 - *Restoring the Shattered* Module 4: Ritual Abuse and Spiritual Warfare
 - CD: *Ancestral Bondages*
 - Renunciations available as free downloads on website

The above are intended to be minimal recommendations. Our entire *Restoring the Shattered* Training Series is the best coverage of all of our teachings on DID, ritual abuse, and spiritual warfare.

For Counselors:

- If new to DID:
 - PIA WEBINAR 1: Dynamics of DID
 - Or *Restoring the Shattered* Training series Modules 1 & 2
- For an introduction to the Primary Identity Approach for healing DID
 - Online, recorded Survivors' School of Healing
This is offered 4 times a year and is highly recommended for survivors and those helping them. It will lead you through the step-by-step process of identifying primary identities and leading through the conflict resolution process that will eliminate the need for dissociation. Videos of live ministry sessions are also included to demonstrate the healing process in actual cases.

- *A Survivor's Workbook: Applying the Primary Identity Approach to the Healing of DID* (This is our only printed resource that gives a step-by-step application of the process. It is used in the above mentioned school.)
- Or DVD *Primary Identity Approach Simplified*
- Or PIA Webinars 2-3
- If ritual abuse:
 - *Restoring the Shattered* Module 4: Ritual Abuse and Spiritual Warfare
 - CD: *Ancestral Bondages*
 - Renunciations available as free downloads on website
- **For our comprehensive teachings and training**
 - *Restoring the Shattered* Training Series
 - Online Primary Identity Approach Training
 - RCM DID Training Program